

ABOUT US

SPORTS for Exceptional Athletes was founded in April 2007 by a group of coaches, parents, volunteers, and community members who found a need for a community based sports program for athletes with and without developmental disabilities in San Diego County. Many in the group have spent 10, 20, or more years serving the needs of persons with developmental disabilities.

BOARD OF DIRECTORS

President: Ron Choularton– Retired
VP: Kathy Nelson-Residential Care Facilities Owner
Treasurer: Skip Covell-Retired
Secretary: Diana Rathbun-Retired
Exec. At-Large: Nicole Alvarez-SD Unif. Sch. Dist.
Joe Alvarez-Salas - Athlete Representative
Kelly Choularton-Athlete Representative
Martin Duarte-Sp. Ed Teacher, CV Sch. Dist.
Isaac Hernandez-Athlete Representative
Matthew Rathbun-Athlete Council President
Shay Thomas-Border Patrol
Carissa Zink-Residential Care Facilities

STAFF

Walter Jackson-Executive Director
Clara Downes-Associate Director

COMMUNITY PARTNERS

American Youth Soccer Organization
The Arc of San Diego
Down Syndrome Association of San Diego
Limitless Adventures
SD Park & Rec. Dept.-Therapeutic Rec. Services
San Diego Police Officer's Association
The Salvation Army Kroc Center

SPORTS for Exceptional Athletes
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E-mail: sds4ea@gmail.com
Website: www.s4ea.org
Phone: 858-565-7432



HELP NEEDED!



SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- To donate a vehicle to S4EA, call CARS toll-free at 855-500-7433

SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax-deductible as allowed by law.



SPORTS

for Exceptional Athletes



SPORTS for Exceptional Athletes (S4EA) is a community based sports program serving athletes with developmental disabilities ages 5 through adult in San Diego County.

PURPOSE

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.



SPORTS - Special Program Opportunities in Recreation, Teamwork, and Sports

SPORTS SEASONS

Summer (Jun – Sep)

*Bocce
Cycling
*Soccer
*Softball
Tennis



Fall (Sep – Dec)

*Flag Football
*Floor Hockey
*Volleyball



Winter (Jan – Mar)

*Basketball
Cross Country Skiing
Downhill Skiing
Snowboarding
Snowshoeing
Track



Spring (Mar – June)

*Baseball
*Basketball
Cycling
*Floor Hockey
Pickleball



Year-Round (Jan-Dec)

Bowling
Golf
Ice Skating
Swimming
Table Tennis
Walking/Running/Exercise



*Team Sports - League Play

The year is divided into 'Sports Seasons' with team sports offering league play. League play consists of 8-12 week seasons of training and competition. Individual sports offer a season of training and skill building at weekly practices.

DIVISIONS

Divisions are available for various ability levels in team sports. The first few weeks of each season consists of training and putting together the teams for the divisions. Teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams. Divisions consist of 4-10 teams playing a single or double round robin format. Teams are then seeded in a winners-losers bracket for final competition to determine final place awards.



TOURNAMENTS

Tournaments are available in both individual and team sports. Lunch and awards will be given to all athletes. Out-of-town teams will be invited to play in our San Diego tournaments and our teams will travel when out-of-town tournaments are available.

REGISTRATION FEES



The Registration Fee for the 8-12 week sports season is \$20 per sport (plus any practice use fees paid directly to the facility for individual sports). Registered athletes and coaches will have secondary participant accident coverage. A shirt will be given to all registered athletes and coaches during their first season.

The approximate cost per athlete per sports season is \$100 (equipment, facilities, practices, insurance, t-shirt, awards, league play, overhead, tournament, etc.). Donations are needed to cover these costs.

If an athlete is unable to pay a fee, financial assistance will be made available through SPORTS for Exceptional Athletes.

For more information about the SPORTS for Exceptional Athletes program or to obtain an Athlete or Volunteer Registration form, please call 858-565-S4EA (7432).

